

Cancer Champion training guide

Thank you for registering to attend a Cancer Champions awareness session. To get the most out of the session, please read this guide before attending.

What to expect...

Lots of information about cancer delivered in a fun, engaging and interactive way.

Don't worry about taking notes - we will share **top tips**, **videos and links to resources** after the training. Our aim is to help you **raise awareness and encourage early detection of cancer** in your community.

You'll learn about the **common signs and symptoms of cancer, starting conversations about cancer** with family and friends, and the **NHS national cancer screening programmes.**

We understand the subject matter can be upsetting, so it's important to know that we are on hand should you have any questions or concerns.

Technology tips and tricks...



- Find a quiet area and use headphones with a built in microphone where possible
- Try to use a laptop, tablet or computer to access the training
- If you need help or have a question during the session, please use the chat function or 'raise your hand' feature. Please note that messages can be seen by everyone on the session.
- Please mute your microphone to reduce background noise when not speaking.

After the training...



We will send you an evaluation form after the session. Please take the time to fill this out as we would welcome your feedback on the session.

Your Cancer Champions certificate, handbook and badge will be posted to you. We are keen to hear how you have put your Cancer Champions training into practice so please send your updates to https://hys.net.gov/hys.net.

As a Cancer Champion, you will receive regular updates via our Cancer Alliance newsletter, but we suggest you follow us on Twitter or Facebook to keep up to date with the latest Cancer Alliance news.

