



Representative one page profile - Zoe Bounds

My strengths:

I am a real people person. I am outgoing and thrive when working as part of a team and when supporting others to reach their goals and potential. I am an open book and value honesty and openness. I like to use my wealth of experience of working with different types of people to benefit others and improve situations that affect the people around me. I am a good communicator, approachable and loyal. As an ex Special Educational Needs Teacher I am committed to supporting people with additional needs and sharing information with my colleagues and the general public.

What working style works for me:

I have a collaborative working style. This means that I like to facilitate bringing people together to work on projects and like to hear every opinion and idea before moving forward in any particular direction. I am practical and enjoy implementing plans and seeing the results of my work in action.

This is why I'm interested in cancer:

I have had cancer twice. Ovarian cancer at age 17 and Breast cancer 10 years ago and have experienced Chemotherapy, Radiotherapy and extensive surgery. The two experiences were very different due to my perspective.

I started to work with the Cancer Alliance during my breast cancer treatment as a patient representative on a number of the boards. I then started to work for the Alliance when I needed a career change following the completion of my treatment. I love that my experiences have a purpose now in supporting the improvement of support for people affected by cancer.

These are the groups and networks I am involved in:

I link in with the Cancer Nursing Teams, Personal Care Leads and Allied Health Professionals within our hospital trusts to improve the way personalised care is delivered across our footprint.

I am also linked in with local charities and support groups as well as national charities and local Voluntary, Community and Social Enterprise teams looking at how they can support with the personalised care agenda.

As part of my portfolio, I lead on Quality Improvement projects in cancer support in response to what the data tells us needs developing.



Humber and North Yorkshire Cancer Alliance

In my personal life, I cofounded and chair a local charitable support group, where peer support is offered to people affected by breast cancer. We provide opportunities for people to meet and provide each other with ongoing support and make heart pillows for people undergoing breast cancer related surgery. We also run an online chat group where people can ask questions, and chat to other members.

This is what is important to me:

My priority is being the best version of myself I can possibly be which sees me investing in myself both professionally and personally. I value learning and so I encourage constructive feedback which facilitates my development.

My friends and family are my second priority. Spending time with them brings me joy and supporting them to achieve happiness brings me a sense of achievement and pride.

Surrounding myself with nature is also important to me. Specifically, beaches are my happy place. They have a grounding effect on me and when I'm stressed this is where you'll find me. Having spent 10 years in Cornwall I'm learning to love the more rugged coast line of Yorkshire.

What I am like when I am not at work:

I'm a busy bee and rarely sit still much to the disgust of my Shih Tzu Riley who is the original lap dog. My cat Henry, a regular feature of my Teams calls, would also appreciate more lap time but unfortunately for them I spend a lot of time running the charity previously mentioned. I am also an ambassador for 5K Your Way in York. I try to get to parkrun regularly although my body is clearly made more for strength than speed. I enjoy yoga and meditation also.

I have a wide circle of friends and love to socialise, particularly when in search for the best scones in Yorkshire, which we usually coincide with a walk with the dogs. And, if we can make that walk on a beach, Happy Days!

My 2 children Luc and Willow also take up a lot of my time, mainly as their personal chauffer. Bless them.

Any other information you should know about me:

I have partial hearing loss and wear hearing aids to correct this. I can lip read a little but my eyesight is also failing me so if I haven't got my glasses on I might struggle to hear you.

I am very approachable so feel free to get in touch for a chat.