

## Humber and North Yorkshire Cancer Alliance is pleased to announce the appointment of Lucy Turner as it's new Managing Director



The Humber and North Yorkshire Cancer Alliance is pleased to announce the appointment of Lucy Turner as Managing Director.

Lucy previously served as Programme Director of the Cancer Alliance between January and November 2019.

She succeeds Simon Cox, who joined the Cancer Alliance at the beginning of this year. Simon was recently appointed as Director of the East Riding of Yorkshire Health and Care Partnership.

Lucy will join from York and Scarborough Teaching Hospitals NHS Foundation Trust where she is currently working as the trust's Deputy Chief Operating Officer.

Previously Lucy was General Manager for the Oncology Clinical Service Unit at Leeds Teaching Hospital NHS Trust and worked at York and Scarborough Teaching Hospitals NHS Foundation Trust for 12 years in a variety of operational and corporate performance roles.

Commenting on her return to the Cancer Alliance, Lucy said: "I am excited to be returning to the Cancer Alliance as Managing Director. Cancer services are under a great deal of pressure across our region as well as the rest of the country and I'm looking forward to working with the core Cancer Alliance project team as well as colleagues across the regional health and care system to address the issues affecting our cancer patients in Humber and North Yorkshire.

"While there are many challenges to address, particularly around cancer waiting times, there are many exciting projects being delivered to help improve earlier diagnosis and outcomes for cancer patients in our region."

Phil Mettam, Senior Responsible Officer for the Cancer Alliance, said: "We are delighted to welcome Lucy back to the Cancer Alliance. Lucy will play a crucial role in bringing together the organisations which commission and provide cancer services, to improve outcomes for cancer patients in Humber and North Yorkshire.

"I want to place on record our thanks to Simon for his leadership over the last year, and everyone at the Cancer Alliance wishes him well in his new role as place director at East Riding of Yorkshire. The Cancer Alliance's mission remains to work with our partners to transform the diagnosis, treatment, and care of cancer patients in the Humber and North Yorkshire area."

Simon Cox added: "I wish Lucy well in her new post as Cancer Alliance Managing Director. I have enjoyed my time with the Cancer Alliance - I want to thank colleagues and partners for their support and contributions during the time I have been in post."

Lucy is expected to join the Cancer Alliance in an official capacity in January 2023. Until then she will be continuing in her Deputy Chief Operating Officer role at York and Scarborough Teaching Hospitals NHS Foundation Trust.

Click [here](#) to find out more about other members of the Cancer Alliance's senior leadership team.

## NHS Lung Health Check Programme receives £1.1m funding for additional CT scanner in Humber and North Yorkshire



Awareness and Early Diagnosis

The NHS Targeted Lung Health Check screening programme in Humber and North Yorkshire has received additional funding of £1,135,429 from NHS England to purchase a second mobile CT scanning unit.

The investment has been secured by Hull University Teaching Hospitals NHS Trust in partnership with the Humber and North Yorkshire Cancer Alliance and will provide more local people with access to potentially life-saving lung screening.

The NHS Targeted Lung Health Check Programme invites people aged 55 – 74 who smoke or used to smoke and are registered with a local GP for a free Lung Health Check.

The screening consists of a telephone assessment and if necessary a low dose CT scan and helps to identify potential lung problems, including lung cancer, at an earlier stage when they are easier to treat.

Since launching in Hull in January 2020 the programme has delivered more than 12,800 screening appointments and more than 8,600 scans, a number which will rise considerably following this latest investment.

Trish Rawnsley, Programme Manager for NHS Targeted Lung Health Check Programme in Humber and North Yorkshire, said: “We welcome the funding which will significantly increase our capacity to see more people sooner, by allowing us to move into new areas quicker than we would have been able to previously.”

Dr Stuart Baugh, Clinical Director for the Humber and North Yorkshire Cancer Alliance, added: “The extra screening unit will make a difference to the lives of thousands of more people. Lung screening plays a part in the early detection of a variety of illnesses, especially lung cancer, symptoms of which might not show until a later stage. By picking up problems earlier they can be easier to treat and can increase people’s chances of survival.”

Dr Kanwal Tariq, Consultant in Chest Medicine at Hull University Teaching Hospitals NHS Trust, said: “We’re pleased to continue to play a central role in the delivery of Lung Health Checks to people across our area and look forward to seeing the new unit in operation in the coming months.”

Find out more about the programme on the [Cancer Alliance website](#).

### Patient and public reps meet to shape Cancer Alliance engagement vision

The Cancer Alliance held its first face-to-face patient and public representative meeting for more than two years in September.

The Cancer Alliance’s patient and public representative group have had to meet online rather than in person since the outbreak of Covid, in line with national Covid prevention measures.

However, with the rules now relaxed, the group came together at the Mercure Hotel in Willerby to discuss the Cancer Alliance’s future approach to patient and public engagement.

During the summer the Cancer Alliance commenced a ‘review and refresh’ of its approach to engaging with patients and the public about its work.

With the review stage over and the refresh stage now under way, attendees at the Mercure Hotel meeting worked together to develop a vision for the Cancer Alliance’s patient and public engagement approach and a set of underpinning principles to help to achieve this vision.

The ‘review and refresh’ activity will eventually see the Cancer Alliance co-develop an ambitious yet sustainable patient and public engagement strategy with its patient and public representatives.

The Cancer Alliance is always looking for more patient and public representatives to help shape its work to transform cancer services. If you’re interested in getting involved, [click here](#).

Patient and Public Involvement

## New hospital based 'Quit Together' stop smoking service launches



Public Health

Smoking is **the leading cause of premature and preventable death in England** and the single biggest risk factor for lung cancer, **responsible for 70% of cases**. By stopping smoking people can improve their health and reduce their risk of developing lung-related illnesses, a priority fully supported by Humber and North Yorkshire Cancer Alliance.

**Quit Together** is a new hospital-based stop smoking service, providing support to patients and staff in hospitals across Hull, East Riding of Yorkshire, North Lincolnshire and North East Lincolnshire, with plans to launch the service in all acute hospitals in Humber and North Yorkshire by late 2023.

The services, supported by local community stop smoking services, offer staff and patients a combination of behavioural support and **nicotine replacement therapy (NRT)**, which are up to three times more effective in supporting people to quit smoking for good.

As part of the Quit Together service, staff tobacco dependent treatment services have launched across a range of sites, including York, Scarborough and Bridlington hospitals, Hull Royal Infirmary, Castle Hill Hospital in Cottingham, Diana Princess of Wales Hospital in Grimsby and Goole and District Hospital.

Research Nurse, Paul Brittain, from York Hospital, used the service to go smoke-free. He said: "Stopping smoking doesn't mean going through terrible withdrawal. I learned that with the correct advice and Nicotine Replacement Therapy, you can manage the cravings and make becoming smokefree a reality."

Patients in hospital also benefit from the support of an onsite tobacco dependency treatment specialist during their stay to ensure they feel as comfortable as possible, with continued care to remain smoke-free following discharge.

David Jones, Programme Lead for the Humber and North Yorkshire Health and Care Partnership's Quit Together service, said: "Smoking accounts for thousands of deaths a year in our region and can be linked to several long-term conditions, many of which could have been preventable.

"Working in partnership with local stop smoking services we can reach and support more people to go smoke-free, not only improving the health of local people, but reducing the long-term demand on NHS services."

October is **Stoptober** so there's never been a better time for people to make a change. In addition to the in-hospital Quit Together service further information is also available on the **NHS Better Health website**. People can also download the NHS Quit Smoking app to track progress and get daily support.

## Cancer Alliance colleagues put their best foot forward for charity



Living with and Beyond Cancer

Two Cancer Alliance colleagues have put their best foot forward and taken part in the Cancer Research UK Shine Night Walk in York.

Alison Cockerill and Zoe Bounds, Programme Lead and Delivery Manager for the Cancer Alliance's Living with and Beyond Cancer Programme, took part in the walk to help raise vital funds to support research into prevention, early diagnosis and treatment of cancer.

Alison said: "I've worked in health since 1994, the last four years of which have been in the Cancer Alliance. I see daily how important it is to raise awareness of and find treatments for cancer, to reduce the number of people affected and to support more people to live well."

Zoe added: "We know a healthy lifestyle and physical exercise can help prevent cancer, so taking part in the 10k walk was a great way to be active and raise vital funds for a great cause."

The circular route started and ended at Rowntree Park and took in many of York's famous landmarks including the York Minster and Clifford's Tower.

You can find out more about **Cancer Research UK's Shine Night Walks**. If you'd like to sponsor Zoe and Alison please visit their **fundraising page**.





## October is Breast Cancer Awareness Month

Every year over 55,000 people are diagnosed with breast cancer in the UK and studies show that 30% of cases are preventable. October is Breast Cancer Awareness Month and Breast Cancer UK is encouraging people to **reduce their risk** by modifying their lifestyle and behaviour. Find out more here.

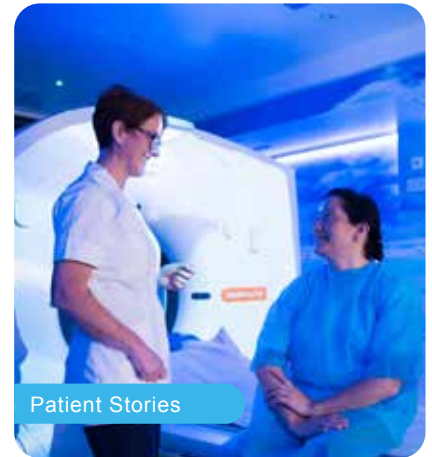
## Christine's lifesaving Lung Health Check

When Christine, 63, from Hull, was invited for a Lung Health Check in October 2021 she wasn't concerned as she felt fit and healthy. However, she attended the appointment anyway and it had life-saving consequences.

After a telephone assessment with a respiratory nurse, and a CT scan on a mobile unit, Christine was invited to attend a follow-up appointment with a consultant.

She said: "I felt fine in myself and didn't think it would be anything serious, so I was surprised when I was told they'd found a small tumour."

Christine needed surgery to remove the tumour but had to stop smoking before this could go ahead. With the help of **Smoke Free Hull** she gave up cigarettes and the operation was carried out successfully.



Christine, who is now cancer-free, added: "I feel extremely lucky. I had no issues with my lungs and wouldn't have ever gone for a check."

If it wasn't for the Lung Health Check Programme the tumour could have carried on growing until it would have been too late to do anything. I'd urge anyone invited to have their check."

Watch Christine's full story on **YouTube**. Find out more about Lung Health Checks on the **Cancer Alliance website**.

## £4.5m Macmillan programme will fund six specialist cancer nurses in Humber and North Yorkshire

Macmillan Cancer Support has launched a workforce development programme which will see an investment of £4.5million to fund 42 specialist cancer nurses across Yorkshire, and the North East, six of which will be based in Humber and North Yorkshire.

The move comes in response to the 2021 Macmillan Cancer Support 'Cancer nursing on the line' report, which highlighted a need for improvement in specialist support for people with cancer, particularly in Yorkshire and the North East.

Specialist cancer nurses are at the heart of transforming cancer care, yet many more are needed to meet current and future needs of those living with cancer. The highly specialised roles will appeal to experienced and passionate nurses with an interest in moving into cancer services.

During the two-year programme participants will access education and training, develop advanced clinical and communication skills, and be allocated an experienced mentor to support their placement. They will also provide direct patient care throughout, supporting people living with cancer across the region.

York and Scarborough Teaching Hospitals NHS Trust, Hull University Teaching Hospitals NHS Foundation Trust and Northern Lincolnshire and Goole NHS Foundation Trust have partnered with Macmillan on the programme to bring the brightest and best into specialist cancer nursing, developing nurse leadership for the future and ensuring more people have access to the specialist personalised care they deserve.

